

XV CAIXABANK MEDIA MARATÓN CIUDAD DE SEGOVIA 2023

Posición	Dorsal	Nombre	Apellidos	Categoría	Club	5KM	10KM	15KM	TIEMPO	5KM	10K	15K	TIEMPO NETO	RITMO
1	1476	Katherine	Tisalema Puruncaja	SEN F	GO FIT ATHLETICS	00:18:18	00:35:31	00:54:04	01:15:57	3'39"/km	3'33"/km	00:54:04	01:15:57	3'36"/km
2	1202	Gema	Martin Borgas	VET A F	BILBAO ATLETISMO	00:18:22	00:35:55	00:55:30	01:18:18	3'40"/km	3'35"/km	00:55:30	01:18:18	3'42"/km
3	609	Cristina	Giurcanu Mihartescu	VET B F	SSREYES-C.MENORCA	00:18:38	00:36:33	00:56:36	01:20:16	3'43"/km	3'39"/km	00:56:36	01:20:16	3'48"/km
4	387	Claudia	Corral Hodar	SEN F	SPORTING SEGOVIA	00:19:15	00:37:13	00:57:20	01:21:17	3'51"/km	3'43"/km	00:57:20	01:21:17	3'51"/km
5	1234	Alba Maria	Reguillo Moreno	VET B F	GOIERRI GARAIA	00:19:40	00:38:31	00:59:53	01:25:03	3'56"/km	3'51"/km	00:59:53	01:25:02	4'01"/km
6	179	Jobina	Rodríguez Guijarro	VET C F	Independiente	00:24:13	00:46:59	01:11:47	01:40:32	4'50"/km	4'41"/km	01:11:47	01:40:25	4'45"/km
7	879	Rebeca	Merlo Perez	VET A F	Atletas tierra de pinares	00:24:25	00:47:19	01:12:25	01:41:44	4'53"/km	4'43"/km	01:12:25	01:41:15	4'49"/km
8	592	Eva	Fresnillo Barrio	VET C F	Independiente	00:25:01	00:47:49	01:12:59	01:41:46	5'00"/km	4'47"/km	01:12:59	01:41:26	4'49"/km
9	984	Miriam	De Frutos Prieto	VET B F	Independiente	00:23:54	00:46:47	01:12:24	01:41:51	4'46"/km	4'40"/km	01:12:24	01:41:46	4'49"/km
10	974	Charo	Diez Garcia	VET E F	Independiente	00:23:11	00:45:50	01:11:48	01:42:08	4'38"/km	4'35"/km	01:11:48	01:42:05	4'50"/km
11	499	M. Angeles	Fuentes Montes	VET C F	CAP MONTERESMA	00:25:17	00:47:50	01:12:59	01:42:20	5'03"/km	4'47"/km	01:12:59	01:41:24	4'51"/km
12	1241	Sonia	Zaruma Zaruma	VET D F	Ninguno	00:23:37	00:46:17	01:12:32	01:43:14	4'43"/km	4'37"/km	01:12:32	01:43:13	4'53"/km
13	730	Ana	Rincón Martin	VET B F	Independiente	00:24:10	00:47:21	01:14:07	01:44:57	4'50"/km	4'44"/km	01:14:07	01:44:57	4'58"/km
14	728	Raquel	Sanchez Rincón	SEN F	Independiente	00:24:10	00:47:21	01:14:06	01:44:58	4'50"/km	4'44"/km	01:14:06	01:44:57	4'58"/km
15	707	Mercedes	Jiménez Marcos	VET C F	Independiente	00:24:18	00:47:10	01:13:20	01:45:01	4'51"/km	4'43"/km	01:13:20	01:44:38	4'58"/km
16	1491	Maria	Bulnes Garzon	VET B F	Independiente	00:25:30	00:49:00	01:14:22	01:45:15	5'06"/km	4'54"/km	01:14:22	01:44:56	4'59"/km
17	41	Coral	García De La Puente	VET B F	Independiente	00:24:34	00:48:03	01:14:34	01:45:31	4'54"/km	4'48"/km	01:14:34	01:45:22	5'00"/km
18	296	Laura	Abad Gutiérrez	VET C F	C. A. Saborea 4 Cantones	00:25:37	00:49:59	01:15:29	01:45:52	5'07"/km	4'59"/km	01:15:29	01:45:46	5'01"/km
19	633	Esther	Martín Garrido	VET B F	lmd	00:26:25	00:50:13	01:16:12	01:46:04	5'17"/km	5'01"/km	01:16:12	01:45:52	5'01"/km
20	299	Teresa	De Las Heras García	VET D F	IMD	00:25:48	00:49:30	01:15:36	01:46:18	5'09"/km	4'57"/km	01:15:36	01:45:50	5'02"/km
21	1070	María	Peinador Ramirez	VET A F	Independiente	00:24:20	00:47:44	01:14:26	01:46:52	4'52"/km	4'46"/km	01:14:26	01:46:38	5'03"/km
22	422	Esther	Gozalo Palomo	VET C F	IMD Segovia	00:25:38	00:49:58	01:16:06	01:46:59	5'07"/km	4'59"/km	01:16:06	01:46:46	5'04"/km
23	620	Verónica	Llorente Rincón	VET B F	LLOSANA	00:24:57	00:48:35	01:15:15	01:47:04	4'59"/km	4'51"/km	01:15:15	01:46:53	5'04"/km
24	546	Emma	Aragón Herrero	VET B F	lmd	00:27:06	00:51:30	01:17:29	01:47:30	5'25"/km	5'09"/km	01:17:29	01:47:19	5'05"/km
25	445	Sara	De Diego Jurado	SEN F	C.D.E +qCorredores	00:25:16	00:49:45	01:16:13	01:47:32	5'03"/km	4'58"/km	01:16:13	01:47:28	5'05"/km
26	467	Ascensión	Mateo Gilsanz	VET D F	BEER RUNNERS NAVALMANZANO	00:25:37	00:49:31	01:16:13	01:47:43	5'07"/km	4'57"/km	01:16:13	01:47:36	5'06"/km



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Posición	Dorsal	Nombre	Apellidos	Categoría	Club	5KM	10KM	15KM	TIEMPO	5KM	10K	15K	TIEMPO NETO	RITMO
27	230	Sara	García Maestro	VET B F	BEER RUNNERS NAVALMANZANO	00:25:37	00:49:31	01:16:13	01:47:44	5'07"/km	4'57"/km	01:16:13	01:47:37	5'06"/km
28	31	Araceli	Balsa Vidal	VET E F	Independiente	00:25:53	00:50:36	01:17:01	01:47:56	5'10"/km	5'03"/km	01:17:01	01:47:16	5'07"/km
29	59	Belen	Díez Camacho	VET D F	Atletismo Caprus	00:25:21	00:49:40	01:17:27	01:48:47	5'04"/km	4'58"/km	01:17:27	01:48:41	5'09"/km
30	428	Rebeca	Álvaro Rodríguez	VET B F	IMD SEGOVIA	00:25:51	00:50:08	01:17:03	01:48:48	5'10"/km	5'00"/km	01:17:03	01:48:38	5'09"/km
31	1048	María	Verdejo García	SEN F	ACART	00:26:16	00:50:35	01:17:22	01:48:48	5'15"/km	5'03"/km	01:17:22	01:48:16	5'09"/km
32	1231	Beatriz	Llorente De Frutos	SEN F	Triatlón Lacerta	00:26:17	00:51:00	01:18:10	01:50:50	5'15"/km	5'06"/km	01:18:10	01:50:25	5'15"/km
33	608	Patricia	Serrano Caballero	VET D F	Independiente	00:26:11	00:50:51	01:18:30	01:51:28	5'14"/km	5'05"/km	01:18:30	01:51:15	5'17"/km
34	961	Raquel	Cano Garcia	VET E F	Independiente	00:27:32	00:52:29	01:20:02	01:51:40	5'30"/km	5'14"/km	01:20:02	01:51:07	5'17"/km
35	621	Cristina	Muñoz Cubero	VET B F	C.D. Atletismo Carbonero	00:25:49	00:50:44	01:19:19	01:51:55	5'09"/km	5'04"/km	01:19:19	01:51:45	5'18"/km
36	367	Ana María	Cantero Diaz	VET C F	Independiente	00:27:41	00:52:40	01:19:57	01:53:00	5'32"/km	5'16"/km	01:19:57	01:52:26	5'21"/km
37	294	María Elena	Mayo Smome Elena	VET C F	Club Atletismo Carbonero	00:25:48	00:50:50	01:19:20	01:53:04	5'09"/km	5'05"/km	01:19:20	01:52:53	5'21"/km
38	58	Silvia	Ventas Fabian	SEN F	Independiente	00:26:59	00:52:41	01:21:05	01:53:57	5'23"/km	5'16"/km	01:21:05	01:53:50	5'24"/km
39	149	Rosa Maria	Casado Delgado	VET E F	IMD SEGOVIA	00:27:11	00:52:50	01:20:47	01:54:12	5'26"/km	5'17"/km	01:20:47	01:54:01	5'24"/km
40	570	María	San Frutos González	SEN F	IMD	00:27:24	00:52:33	01:20:44	01:54:45	5'28"/km	5'15"/km	01:20:44	01:54:17	5'26"/km
41	904	Agueda	Granado Alonso	SEN F	Independiente	00:25:54	00:50:44	01:20:17	01:54:45	5'10"/km	5'04"/km	01:20:17	01:54:35	5'26"/km
42	1077	Laura	Tejedor Barbado	SEN F	Independiente	00:26:41	00:51:55	01:20:42	01:54:54	5'20"/km	5'11"/km	01:20:42	01:54:43	5'26"/km
43	1502	Alicia	Álvarez Torras	VET B F	Trigijon	00:27:26	00:53:13	01:21:35	01:55:22	5'29"/km	5'19"/km	01:21:35	01:54:58	5'28"/km
44	711	Milagros	Fernández Álvarez	VET C F	Atletas Populares Valle del Alagón	00:28:11	00:54:48	01:22:58	01:55:37	5'38"/km	5'28"/km	01:22:58	01:54:59	5'28"/km
45	124	Heidi Christina	Bessler	VET C F	Independiente	00:27:53	00:52:52	01:21:46	01:55:42	5'34"/km	5'17"/km	01:21:46	01:55:10	5'29"/km
46	507	Laura	Herrero Gonzalez	VET B F	Mt3 Madrid trail	00:29:11	00:55:07	01:23:04	01:56:04	5'50"/km	5'30"/km	01:23:04	01:55:06	5'30"/km
47	937	Janire	Peñalba Esteban	SEN F	Independiente	00:26:03	00:51:38	01:20:13	01:56:10	5'12"/km	5'09"/km	01:20:13	01:55:57	5'30"/km
48	833	Mari Luz	Mula Alvarez	VET E F	corredors.cat	00:27:52	00:53:24	01:22:46	01:56:22	5'34"/km	5'20"/km	01:22:46	01:55:44	5'30"/km
49	1145	Sylwia	Posluszna Posluszna	VET C F	Cd carbonero el mayor	00:26:59	00:53:04	01:20:54	01:56:34	5'23"/km	5'18"/km	01:20:54	01:56:03	5'31"/km
50	363	Irene	Séz González	VET B F	Independiente	00:27:13	00:53:26	01:22:09	01:56:38	5'26"/km	5'20"/km	01:22:09	01:56:10	5'31"/km
51	171	Inés	Florido Díaz	VET D F	DEPORTES MADRID RC	00:29:39	00:56:53	01:24:51	01:57:00	5'55"/km	5'41"/km	01:24:51	01:55:57	5'32"/km
52	253	Sira	Prada Lombera	VET C F	Independiente	00:27:41	00:53:58	01:23:12	01:57:02	5'32"/km	5'23"/km	01:23:12	01:56:35	5'32"/km



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53	27	Noelia	Garrido Mate	SEN F	Independiente	00:26:28	00:52:14	01:22:39	01:57:18	5'17"/km	5'13"/km	01:22:39	01:57:06	5'33"/km
54	1225	Catalina	Herrero Mateo	VET B F	Independiente	00:28:10	00:55:38	01:28:38	01:57:30	5'38"/km	5'33"/km	01:28:38	01:56:52	5'34"/km
55	1485	Beatriz	Serrano Polo	VET B F	IMD Segovia	00:27:59	00:54:52	01:23:33	01:57:38	5'35"/km	5'29"/km	01:23:33	01:57:25	5'34"/km
56	678	Laura	Muñoz Fuentes	SEN F	Independiente	00:28:36	00:55:12	01:23:59	01:58:19	5'43"/km	5'31"/km	01:23:59	01:57:34	5'36"/km
57	1206	Raquel	Escribano Llorente	VET C F	Independiente	00:27:50	00:54:09	01:23:35	01:58:19	5'34"/km	5'24"/km	01:23:35	01:58:10	5'36"/km
58	369	Yolanda	Lucia Arcones	VET E F	IMD	00:28:17	00:55:07	01:24:22	01:58:31	5'39"/km	5'30"/km	01:24:22	01:58:25	5'37"/km
59	776	Elena	Cuesta Álvaro	SEN F	Maraton Desordenado	00:29:48	00:56:30	01:25:22	01:58:34	5'57"/km	5'39"/km	01:25:22	01:57:57	5'37"/km
60	358	Ana	Arribas Dominguez	VET B F	Independiente	00:27:38	00:53:36	01:23:16	01:58:35	5'31"/km	5'21"/km	01:23:16	01:58:18	5'37"/km
61	1075	Jennifer	Peñas Herranz	VET A F	Rumive team	00:28:13	00:54:34	01:23:53	01:58:37	5'38"/km	5'27"/km	01:23:53	01:58:05	5'37"/km
62	168	Kathy	Hery	VET C F	Independiente	00:29:39	00:56:57	01:26:04	01:59:22	5'55"/km	5'41"/km	01:26:04	01:58:18	5'39"/km
63	132	Ana Belen	Lopez Martinez	VET C F	Independiente	00:24:02	00:46:48	01:11:04	01:59:23	4'48"/km	4'40"/km	01:11:04	01:59:22	5'39"/km
64	127	Tina	Carneiro Floris	SEN F	Independiente	00:27:55	00:54:42	01:24:51	01:59:25	5'35"/km	5'28"/km	01:24:51	01:59:18	5'39"/km
65	637	Isa	Chaparro Navarrete	VET A F	PATERNA RUNNERS CLUB	00:28:35	00:55:29	01:25:28	01:59:52	5'43"/km	5'32"/km	01:25:28	01:59:29	5'40"/km
66	1039	Ana Belen	Lopez Lopez	SEN F	ACART	00:27:09	00:53:22	01:23:34	02:00:08	5'25"/km	5'20"/km	01:23:34	01:59:31	5'41"/km
67	1173	Eva María	Blas Ramirez	VET C F	CIVIL	00:26:28	00:52:19	01:22:53	02:00:18	5'17"/km	5'13"/km	01:22:53	02:00:03	5'42"/km
68	1433	Lydia	Sanchez Escribano	SEN F	BRIPAC	00:27:30	00:52:25	01:20:38	02:00:38	5'30"/km	5'14"/km	01:20:38	02:00:15	5'43"/km
69	381	Beatriz	Jimeno De Pablos	VET A F	IMD SEGOVIA	00:28:08	00:54:57	01:24:38	02:00:39	5'37"/km	5'29"/km	01:24:38	02:00:27	5'43"/km
70	233	Marina	Ruiz Gómez	SEN F	CURRE ET BEATUS ES	00:28:29	00:55:21	01:22:34	02:00:41	5'41"/km	5'32"/km	01:22:34	02:00:21	5'43"/km
71	385	Maria Del Valle	Hodar Egeda	VET C F	Independiente	00:25:59	00:52:10	01:23:16	02:00:52	5'11"/km	5'13"/km	01:23:16	02:00:52	5'43"/km
72	992	Virginia	Gutierrez Palomares	VET D F	INDIVIDUAL	00:28:46	00:55:39	01:25:58	02:01:07	5'45"/km	5'33"/km	01:25:58	02:00:37	5'44"/km
73	840	Cristina	Gonzalez Gonzalez	VET B F	CD ARÉVALO ATLETISMO	00:27:38	00:53:37	01:23:16	02:01:09	5'31"/km	5'21"/km	01:23:16	02:00:52	5'44"/km
74	65	Eva María	López García	VET C F	Independiente	00:28:07	00:54:59	01:25:30	02:01:29	5'37"/km	5'29"/km	01:25:30	02:00:58	5'45"/km
75	677	Irene	Herrero Herranz	SEN F	Independiente	00:28:36	00:55:12	01:25:53	02:01:51	5'43"/km	5'31"/km	01:25:53	02:01:05	5'46"/km
76	306	Eva	Garcia Maestro	VET B F	Beer Runners Navalmanzano			01:20:20	02:01:58			01:20:20	02:01:49	5'46"/km
77	754	Sofia	Garcia Herranz	VET B F	Beer runner navalmanzano			01:20:20	02:02:00			01:20:20	02:01:52	5'47"/km
78	269	Ana	Ruiz Gómez	VET C F	Independiente	00:28:02	00:54:40	01:25:18	02:02:32	5'36"/km	5'28"/km	01:25:18	02:02:07	5'48"/km



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79	636	Silvia	Uzquiano Pozo	VET B F	Independiente	00:28:22	00:55:41		02:02:34	5'40"/km	5'34"/km		02:02:11	5'48"/km
80	1043	Maria Jesús	Jurado Cañaveras	VET A F	ACART	00:27:10	00:52:43	01:18:13	02:02:54	5'26"/km	5'16"/km	01:18:13	02:02:17	5'49"/km
81	1091	Ana	Cerezo Martin	VET D F	Independiente	00:28:34	00:55:29	01:25:24	02:03:16	5'42"/km	5'32"/km	01:25:24	02:02:24	5'50"/km
82	444	Rebeca	Aguilar Baeza	VET B F	Independiente	00:26:58	00:52:44	01:23:14	02:03:19	5'23"/km	5'16"/km	01:23:14	02:03:05	5'50"/km
83	1466	Almudena	Llorente Peris	SEN F	Independiente	00:30:05	00:58:24	01:28:21	02:03:23	6'01"/km	5'50"/km	01:28:21	02:02:41	5'50"/km
84	870	Olga	Morales Sanchez	VET C F	TRIBULS	00:29:57	00:57:29	01:28:39	02:03:38	5'59"/km	5'44"/km	01:28:39	02:02:32	5'51"/km
85	97	Carmen	Alvarez Villar	VET E F	Independiente	00:30:14			02:03:42	6'02"/km			02:02:51	5'51"/km
86	843	Ángelique	Guerra	SEN F	Independiente	00:29:29	00:55:55	01:27:16	02:04:06	5'53"/km	5'35"/km	01:27:16	02:03:24	5'52"/km
87	378	Eva	Barrio Serrano	VET B F	IMD	00:28:53	00:57:01	01:28:30	02:04:59	5'46"/km	5'42"/km	01:28:30	02:04:46	5'55"/km
88	1133	Maria Isabel	Lujan Garcia	VET E F	Independiente	00:29:45	00:57:36	01:28:32	02:05:06	5'57"/km	5'45"/km	01:28:32	02:04:31	5'55"/km
89	800	Ana Maria	Nuñez Rojas	VET E F	PUERTA BISAGRA	00:29:45	00:57:37	01:28:32	02:05:06	5'57"/km	5'45"/km	01:28:32	02:04:33	5'55"/km
90	901	Sonia	Sebastián Antona	VET B F	Deportes Sanz	00:28:17	00:55:38	01:26:55	02:05:22	5'39"/km	5'33"/km	01:26:55	02:04:55	5'56"/km
91	1153	Maria Carmen	Martinez Herreros	SEN F	GACA XII	00:28:48	00:56:48	01:28:37	02:05:53	5'45"/km	5'40"/km	01:28:37	02:05:27	5'58"/km
92	1178	Andrea	Cueto Salas	SEN F	GACA XII	00:28:48	00:56:51	01:28:38	02:05:54	5'45"/km	5'41"/km	01:28:38	02:05:27	5'58"/km
93	307	Joaquina	Avila Juan	VET C F	RUN AND RUN	00:30:21	00:57:15	01:29:44	02:06:05	6'04"/km	5'43"/km	01:29:44	02:05:13	5'58"/km
94	162	Maria Del Mar	Martín Abolafia	VET D F	CLUB ATLETISMO EL CASAR	00:30:20	00:59:50	01:30:47	02:06:09	6'04"/km	5'59"/km	01:30:47	02:05:16	5'58"/km
95	692	María Luisa	Roldan Centeno	VET E F	Independiente	00:29:49	00:58:45	01:29:46	02:06:16	5'57"/km	5'52"/km	01:29:46	02:05:57	5'59"/km
96	853	Cristina	Gallego Palomo	SEN F	Independiente	00:28:41	00:55:11	01:26:41	02:06:20	5'44"/km	5'31"/km	01:26:41	02:05:41	5'59"/km
97	1071	Aitana	Tamayo	VET C F	Independiente	00:29:47	00:58:00	01:29:43	02:06:23	5'57"/km	5'48"/km	01:29:43	02:05:43	5'59"/km
98	799	Ana Belen	Alvarez Guio	VET D F	PUERTA BISAGRA	00:29:47	00:57:35	01:28:32	02:06:26	5'57"/km	5'45"/km	01:28:32	02:05:52	5'59"/km
99	289	Gema	De Miguel Gil	VET E F	Independiente	00:27:26	00:54:57	01:27:35	02:06:48	5'29"/km	5'29"/km	01:27:35	02:06:38	6'00"/km
100	1296	Almudena	Viedma Gallego	VET A F	GACAPAC VI	00:29:52	00:58:38	01:30:32	02:06:49	5'58"/km	5'51"/km	01:30:32	02:06:14	6'00"/km
101	1352	Denisa Estrella	Vladut Collado	SEN F	GACAPAC VI	00:29:53	00:58:40	01:30:33	02:06:51	5'58"/km	5'52"/km	01:30:33	02:06:14	6'00"/km
102	1405	Inmaculada	Medina Rimon	SEN F	GACAPAC VI	00:29:53	00:58:40	01:30:34	02:06:51	5'58"/km	5'52"/km	01:30:34	02:06:17	6'00"/km
103	1358	Ana	Pueyo Gonzalez	VET B F	GACAPAC VI	00:29:52	00:58:39	01:30:33	02:06:51	5'58"/km	5'51"/km	01:30:33	02:06:15	6'00"/km
104	1376	María	Sanchez Pardal	SEN F	GACAPAC VI	00:29:56	00:58:48	01:30:38	02:06:53	5'59"/km	5'52"/km	01:30:38	02:06:05	6'00"/km
105	1391	Virginia	Prieto Veiga	SEN F	GACAPAC VI	00:29:56	00:58:49	01:30:38	02:06:54	5'59"/km	5'52"/km	01:30:38	02:06:07	6'00"/km
106	1315	Jhovana	Barrezuela Loayza	SEN F	GACAPAC VI	00:30:06	00:59:14	01:30:46	02:07:01	6'01"/km	5'55"/km	01:30:46	02:05:56	6'01"/km



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Posición	Dorsal	Nombre	Apellidos	Categoría	Club	5KM	10KM	15KM	TIEMPO	5KM	10K	15K	TIEMPO NETO	RITMO
107	1289	Celia	Vargas Salazar	SEN F	GACAPAC VI	00:30:09	00:59:12	01:30:50	02:07:05	6'01"/km	5'55"/km	01:30:50	02:05:55	6'01"/km
108	1356	Dina Angelica	Rengifo Bocanegra	VET B F	GACAPAC VI	00:30:10	00:59:17	01:30:55	02:07:07	6'02"/km	5'55"/km	01:30:55	02:05:55	6'01"/km
109	1516	Susana	Hernandez Sanchez	VET C F	Independiente	00:30:40	00:59:24	01:31:05	02:07:15	6'08"/km	5'56"/km	01:31:05	02:06:44	6'01"/km
110	1479	Marta	Palacios Martín	VET C F	Independiente	00:30:39	00:59:26	01:31:03	02:07:15	6'07"/km	5'56"/km	01:31:03	02:06:47	6'01"/km
111	881	Cristina	Mateo María	VET C F	Zamarathón	00:29:42	00:57:54	01:29:39	02:07:19	5'56"/km	5'47"/km	01:29:39	02:06:51	6'02"/km
112	885	Patricia	Casar Diaz	VET B F	Independiente	00:30:30	00:59:18	01:31:08	02:07:38	6'06"/km	5'55"/km	01:31:08	02:06:41	6'03"/km
113	602	Susana	Martín Herranz	VET A F	IMD	00:29:59	00:58:57	01:30:02	02:07:42	5'59"/km	5'53"/km	01:30:02	02:07:17	6'03"/km
114	513	Ainhoa	Otero Nieto	SEN F	Torreiglesias	00:31:20	01:00:13	01:31:33	02:08:05	6'16"/km	6'01"/km	01:31:33	02:07:21	6'04"/km
115	1143	Ascension	Gonzalez Ballesteros	VET D F	N	00:29:26	00:57:05	01:29:34	02:08:08	5'53"/km	5'42"/km	01:29:34	02:07:35	6'04"/km
116	525	Macarena	Santacruz Lopez	VET C F	BALDIOS RUNNING TEAM	00:30:15	00:59:08	01:31:09	02:08:20	6'03"/km	5'54"/km	01:31:09	02:07:22	6'05"/km
117	628	Elena	Roncero Aguado	VET B F	CLUB CORREDORES	00:30:15	00:59:10	01:31:09	02:08:20	6'03"/km	5'55"/km	01:31:09	02:07:22	6'05"/km
118	463	Marta	Muñoz Sancho	VET C F	Triatlón Cuéllar	00:30:00	00:58:10	01:29:56	02:08:52	6'00"/km	5'49"/km	01:29:56	02:08:09	6'06"/km
119	84	Marta	González Pascual	VET D F	CD TRIATLON LACERTA	00:30:29	00:59:33	01:31:35	02:09:14	6'05"/km	5'57"/km	01:31:35	02:09:06	6'07"/km
120	518	Begoña	De Pablos Arranz	VET E F	SI QUIERES PUEDES			01:31:32	02:09:15			01:31:32	02:09:15	6'07"/km
121	962	Elena	Femenia Santiago	SEN F	Independiente	00:31:23	01:00:56	01:32:47	02:09:18	6'16"/km	6'05"/km	01:32:47	02:08:31	6'07"/km
122	835	Estibaliz	Rodriguez Sanz	VET A F	Trimad	00:29:18	00:57:50	01:30:07	02:09:25	5'51"/km	5'47"/km	01:30:07	02:09:17	6'08"/km
123	377	Mariangeles	Martin Aguilera	VET E F	IMD SEGOVIA	00:30:44	00:59:38	01:31:56	02:10:18	6'08"/km	5'57"/km	01:31:56	02:09:47	6'10"/km
124	726	Ana Belen	Montero Reyes	VET B F	Independiente	00:29:41	00:57:51	01:31:05	02:10:49	5'56"/km	5'47"/km	01:31:05	02:10:27	6'12"/km
125	1463	Rosa	Martín Sacristán	VET D F	Cabezuela	00:30:29	00:59:33	01:31:36	02:10:55	6'05"/km	5'57"/km	01:31:36	02:10:46	6'12"/km
126	291	Virginia	Gomez	VET B F	Independiente	00:30:16	00:59:34	01:31:46	02:10:58	6'03"/km	5'57"/km	01:31:46	02:10:37	6'12"/km
127	503	Sol	Cuesta Albertos	VET D F	MARATON DESORDENADO	00:30:45	00:59:46	01:32:38	02:10:59	6'09"/km	5'58"/km	01:32:38	02:10:23	6'12"/km
128	737	Alicia	Vazquez Lobo	VET C F	Independiente	00:29:31	00:58:26	01:31:12	02:11:22	5'54"/km	5'50"/km	01:31:12	02:10:51	6'13"/km
129	72	Maria Victoria	Francesch Solloso	VET D F	Independiente	00:29:37	00:58:18	01:32:07	02:12:18	5'55"/km	5'49"/km	01:32:07	02:11:49	6'16"/km
130	684	Susana	Arechaga Usabiaga	VET F F	Clínica Menorca SS Reyes	00:30:12	00:59:55	01:32:45	02:12:21	6'02"/km	5'59"/km	01:32:45	02:11:35	6'16"/km
131	241	Clara Isabel	De Sigmaringa Bayon	VET D F	Independiente		00:59:48	01:32:43	02:12:43		5'58"/km	01:32:43	02:12:13	6'17"/km
132	1470	Cassandra	Huntley Pascual	SEN F	Independiente	00:31:48	01:01:22	01:33:57	02:12:57	6'21"/km	6'08"/km	01:33:57	02:12:21	6'18"/km
133	673	Alicia	García Plaza	SEN F	Independiente	00:29:41	00:57:31	01:30:27	02:12:59	5'56"/km	5'45"/km	01:30:27	02:12:10	6'18"/km



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Posición	Dorsal	Nombre	Apellidos	Categoría	Club	5KM	10KM	15KM	TIEMPO	5KM	10K	15K	TIEMPO NETO	RITMO
134	954	Maria	Alonso Pastor	VET F F	Independiente			01:29:28	02:13:15			01:29:28	02:12:44	6'18"/km
135	993	Cristina	Muñoz Moreno	VET D F	La Tapia	00:30:06	00:59:46	01:33:27	02:14:05	6'01"/km	5'58"/km	01:33:27	02:13:26	6'21"/km
136	451	Maria	Velasco Andrés	VET A F	Independiente	00:30:41	00:59:45	01:33:17	02:14:35	6'08"/km	5'58"/km	01:33:17	02:13:37	6'22"/km
137	1152	Irene	Jurado Garcia	SEN F	GACA XII	00:32:04	01:02:11	01:35:07	02:14:37	6'24"/km	6'13"/km	01:35:07	02:14:11	6'22"/km
138	1525	Ana	Gordo Callejo	SEN F	Independiente	00:29:13	00:58:18	01:32:31	02:14:37	5'50"/km	5'49"/km	01:32:31	02:14:12	6'22"/km
139	1505	Tamara	Conde Gonzalez	SEN F	Independiente	00:29:13	00:58:19	01:32:31	02:14:38	5'50"/km	5'49"/km	01:32:31	02:14:13	6'22"/km
140	517	Pilar	Jaimés Abaunza	VET A F	Independiente	00:31:02	01:00:04	01:33:50	02:14:45	6'12"/km	6'00"/km	01:33:50	02:14:27	6'23"/km
141	1368	Mirian Rosario	Malpica Tayca	SEN F	GACAPAC VI	00:29:52	00:58:39	01:30:33	02:14:54	5'58"/km	5'51"/km	01:30:33	02:14:20	6'23"/km
142	690	Ana	Gaspar Bujalance	VET B F	Independiente	00:29:14	00:58:21	01:32:51	02:15:22	5'50"/km	5'50"/km	01:32:51	02:15:03	6'25"/km
143	308	Elena	Hernanz Vila	VET E F	IMD	00:30:44	00:59:49	01:33:56	02:15:22	6'08"/km	5'58"/km	01:33:56	02:14:51	6'25"/km
144	1448	Veronica	Pons Andrade	VET B F	BRIPAC	00:30:01	00:59:04	01:31:15	02:15:58	6'00"/km	5'54"/km	01:31:15	02:14:59	6'26"/km
145	1449	Ana Mile	Naranjo Saldarriaga	SEN F	BRIPAC	00:30:01	00:58:56	01:31:15	02:15:59	6'00"/km	5'53"/km	01:31:15	02:15:00	6'26"/km
146	1472	Silvia	Roales Olivares	VET D F	TIGERS	00:32:31	01:02:58	01:36:44	02:15:59	6'30"/km	6'17"/km	01:36:44	02:15:22	6'26"/km
147	1443	Estefanía	Campello Martinez	SEN F	GACAPAC VI	00:30:02	00:58:59	01:31:18	02:16:02	6'00"/km	5'53"/km	01:31:18	02:15:03	6'26"/km
148	1169	Leidy Johanna	Gil Rayo	VET A F	GACA XII	00:28:47	00:56:48	01:29:14	02:17:49	5'45"/km	5'40"/km	01:29:14	02:17:32	6'31"/km
149	880	Amparo	Gómez Arranz	VET G F	Atletas tierra de pinares	00:31:47	01:03:02	01:37:21	02:17:56	6'21"/km	6'18"/km	01:37:21	02:17:31	6'32"/km
150	1467	Sandra	Arranz Luján	VET A F	Independiente	00:31:23	01:01:46	01:37:28	02:18:08	6'16"/km	6'10"/km	01:37:28	02:17:37	6'32"/km
151	447	Patricia	Herrero Gil	VET B F	Independiente	00:30:03	01:00:57	01:36:27	02:19:13	6'00"/km	6'05"/km	01:36:27	02:19:09	6'35"/km
152	260	Elena	Rico Lamadrid	VET B F	TRIMAD	00:32:29	01:03:11	01:38:00	02:19:30	6'29"/km	6'19"/km	01:38:00	02:19:19	6'36"/km
153	243	Lourdes	Gomez Santero	VET D F	Run and run	00:31:04	01:01:11	01:37:09	02:20:17	6'12"/km	6'07"/km	01:37:09	02:19:24	6'39"/km
154	392	Gabriele	Virviciute	SEN F	Independiente	00:33:01	01:04:18	01:39:44	02:21:24	6'36"/km	6'25"/km	01:39:44	02:20:55	6'42"/km
155	632	María Aranzazu	Llorente Esteban	VET C F	Independiente	00:33:17	01:04:21	01:39:44	02:21:37	6'39"/km	6'26"/km	01:39:44	02:20:39	6'42"/km
156	290	Gregoria	Pascual De Pintos	VET D F	Independiente	00:30:57	01:01:06	01:36:44	02:22:04	6'11"/km	6'06"/km	01:36:44	02:21:54	6'44"/km
157	682	Cristina	Martín Díaz	VET E F	Clínica Menorca SS Reyes	00:30:12	01:00:18	01:38:29	02:22:25	6'02"/km	6'01"/km	01:38:29	02:21:41	6'45"/km
158	76	Esmeralda	Hernán Alvarez	VET C F	Independiente	00:31:36	01:03:05	01:39:34	02:23:21	6'19"/km	6'18"/km	01:39:34	02:22:51	6'47"/km
159	448	Zoraida	Cerezo Martin	VET C F	Independiente	00:30:04	01:01:25	01:38:42	02:25:39	6'00"/km	6'08"/km	01:38:42	02:25:27	6'54"/km
160	686	Retchel	Gadingan Pajayat	SEN F	Independiente	00:31:10	01:03:55	01:40:55	02:25:58	6'14"/km	6'23"/km	01:40:55	02:25:14	6'55"/km



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Posición	Dorsal	Nombre	Apellidos	Categoría	Club	5KM	10KM	15KM	TIEMPO	5KM	10K	15K	TIEMPO NETO	RITMO
161	274	Beatriz	Rincón Melero	VET B F	IMD Segovia	00:30:48	01:01:40	01:39:22	02:26:09	6'09"/km	6'10"/km	01:39:22	02:25:40	6'55"/km
162	273	Marta	Bartolome Duque	VET C F	Independiente	00:30:49	01:01:42	01:39:23	02:26:11	6'09"/km	6'10"/km	01:39:23	02:25:41	6'55"/km
163	1363	Silvia	Aviles De La Torre	SEN F	GACAPAC VI	00:30:11	01:00:42	01:38:25	02:28:19	6'02"/km	6'04"/km	01:38:25	02:27:05	7'01"/km
164	717	Lara	Marin Lopez	VET A F	Independiente	00:30:26	01:00:48	01:40:39	02:29:22	6'05"/km	6'04"/km	01:40:39	02:28:26	7'04"/km
165	716	Raquel	Lopez Alvarez	VET B F	Independiente	00:30:26	01:00:43	01:40:39	02:29:22	6'05"/km	6'04"/km	01:40:39	02:28:25	7'04"/km
166	1130	María Jesus	Raimundo Rodriguez	VET D F	Independiente	00:33:29	01:05:32	01:41:09	02:30:08	6'41"/km	6'33"/km	01:41:09	02:29:28	7'06"/km
167	1165	Melany Gema	Davia Cuartero	SEN F	GACA XII	00:29:27	00:58:34	01:32:04	02:30:33	5'53"/km	5'51"/km	01:32:04	02:30:12	7'08"/km
168	1050	Rebeca Beatriz	Jaén Peinado	VET B F	ACART	00:33:56	01:09:46	01:50:02	02:37:05	6'47"/km	6'58"/km	01:50:02	02:36:37	7'26"/km
169	1182	Montse	Núñez Sanchez	VET C F	Independiente	00:35:27	01:12:08	01:43:44	02:38:55	7'05"/km	7'12"/km	01:43:44	02:38:23	7'31"/km



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